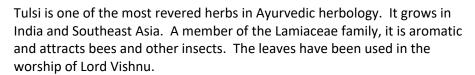
## Tulsi Vana – Holy Basil – Ocimum Grattissium

Parts Used - Organic Leaves Origin – India | Made in Colorado Planetary Influence - Jupiter Day of the Week - Thursday





Properties: Adaptogen. Hot and bitter. It prevents disease, promotes well-being and longevity. It is aromatic, carminative, anti-microbial, anti-pyretic, diaphoretic. It is an expectorant and stimulates the immune system. It is a good source of Vitamin K.

## Uses

- Rejuvenates and promotes longevity
- Parasite cleanse Intestinal worms
- External use for skin diseases such as itching, ringworm, and skin infections
- Encephalitis
- Protects organs from industrial pollutants, heavy metals, stress, and excessive noise
- Calms the mind and body
- Helps respiratory disorders
- Source of Vitamin K so good for dental health
- Helps regulate glucose levels in people with mild to moderate non-insulin dependent diabetes
- Help protects the body from radiation treatment.

## **Side Effects**

Don't use for 3 weeks after surgery

Don't exceed 3-5 drops per day because it can cause shortness of breath, nausea, or blood in urine.

Overuse can cause male infertility

Don't mix with prescription medication – can cause vomiting nausea and anxiety Don't use if on Heparin or Warfarin

Do not take during pregnancy or while breastfeeding

If you have a medical emergency, please contact your health care professional.

Please confer with your health care professional before taking.

Not all of the uses listed above have been subject to modern clinical studies.